



GOVERNOR'S ADVISORY COUNCIL ON AGING

AGING IN COMMUNITY COMMITTEE (AICC)

MEETING MINUTES

March 6, 2015

10:15 a.m. – 11:45 a.m.

Board of Pharmacy Conference Room

State Land Building, Suite 120

1616 West Adams

Phoenix, Arizona 85007

Council Members, Liaisons and Participants Present

Lisa O'Neill (Committee Chair), Becky Brimhall-Lepire, Charles Brown, Patsy Gillis, Joy Grainger, Deborah Hankerd, Diane Joens, Deborah Lavinsky, Teresa Ramirez Lopez, Doyle Meredith, Allison Perrin, Melinda Preston, C. T. Wright, Christine Bryson-Lazo, James Fitzpatrick, Sevy Gambs, Elaine Poker-Yount, Kathy Ritchie, Deborah Schaus, Lisa Tomic and Hannele Waissi

Council Members Absent

Trudy Schuett and Tonya Watson

Council Staff Present

Cathy De Lisa and Carolyn Sigler

Guests Present and Signing In

David Besst, Nancy Larsen, Kathy Rood, Jim Stephens and Shawn Trobia

Welcome & Introductions, Review & Approval of January 9, 2015, Meeting Minutes

Lisa O'Neill, Committee Chair, called the meeting to order at 10:15 a.m. A welcome and introduction period followed. Draft minutes from the January 9, 2015, meeting were reviewed. *Doyle Meredith moved to approve the January 9, 2015, minutes as presented; Melinda Preston seconded. The motion passed unanimously.*

Review/Discuss Draft Objectives for AICC

Committee members discussed the draft objectives for the Aging in Community Committee and subcommittees on Alzheimer's Disease and Transportation. According to the Committee Chair, there will be further discussion at the May committee meeting ahead of action to adopt.

Review & Discussion of Subcommittee Requirements

Lisa O'Neill, Committee Chair, shared the following:

- The Subcommittees are requested to limit the number of meetings between regularly scheduled GACA and Committee meetings to one meeting/teleconference.
- The Co-Chairs are to assign a different scribe for each meeting so note-taking can be rotated among the members and responsibility shared.
- Co-Chairs are to ensure that the notes are turned in to staff after each meeting.
- Members should reserve the last 5-7 minutes of each meeting to wrap up the discussion and assign follow-up and next steps.

Break Out Subcommittee Discussions/Planning on Short-Term & Long-Term Projects

Members of AICC broke into the two subcommittees for a 30-minute discussion.

Copies of materials distributed during the breakout discussions of the two groups are available through the Governor's Advisory Council on Aging office.

Report Back from Subcommittees

Kathy Ritchie, reporting on behalf of the Alzheimer's Subcommittee, stated the group's short-term goals are to more fully educate the committee and subcommittee members about dementia, identify a vetted information sheet detailing various forms of dementia to disseminate to the subcommittee and possibly add the Alzheimer's Association link to the GACA website.

According to Ms. Ritchie, the long-term goal is to look at ways to increase public awareness of dementia and available resources.

Cathy De Lisa, reporting on behalf of the Transportation Subcommittee, stated the Co-Chair had collected regional and local transportation information researched by the members of the Subcommittee. At the request of this group, Dan Harrington from ADOT will present an update on mobility management throughout the state at the May 8 GACA meeting. According to Ms. De Lisa, the group is seeking information on best practices around liability insurance and will ask Subcommittee member Michelle Dionisio and GACA Liaison Steve Clutter for information. A long-term goal of the group is to develop a website toolkit with resource information by regions and a calendar of events for transit meetings, seminars, conferences, etc.

Report Out & Discussion on AICC-related research, conferences, workshops, seminars, training opportunities, best practices, etc.

Teresa Lopez reported that Banner Alzheimer's Institute is one of the sponsors of the Heart & Sol Wellness Event at Phoenix Civic Space Park on March 7.

Allison Perrin reported that the Arizona Geriatrics Society will hold the 8th Annual Mental Health and Aging Conference on April 24 in Tucson.

Kathy Ritchie reported that the Young Advocates for Alzheimer's Association (YAAA) will be hosting Senator Jeff Flake and staff for Appetizers with Congress on March 18 at People Pizza Pub in downtown Phoenix.

Diane Joens reported that there will be a Parkinson's Disease event in the Verde Valley on March 19.

James Fitzpatrick reported that the Alzheimer's Association will hold their national Advocacy Forum on Capitol Hill March 23-25.

Deborah Schaus reported that the Alzheimer's Association Southwest Chapter will hold the Northern Arizona Annual Education Conference in Prescott on March 25.

Deborah Lavinsky reported that after the Buff Bones for Bodies training this weekend Arizona will have three licensed instructors in Phoenix and two in Tucson.

Melinda Preston reported that she attended the Alzheimer's Association's Central Arizona Annual Education Conference on February 27.

Elaine Poker-Yount reported that there will be a Caregiving Forum: Living with Dementia program on Saturday, June 13, at Dayspring United Methodist Church in Tempe, also at Dayspring on April 18 there will be a program for the "Sandwich Generation" from 8:00 a.m. – 1:00 p.m. Ms. Poker-Yount also mentioned that Hospice of the Valley is using music therapy with their patients.

Hannele Waissi reported on the recent Assisted Living Homes Association event that provided attendees with information on advanced directives, HIPAA and included podiatrists who explained the link between diabetes and the foot problems of elderly patients.

David Besst reported he will be attending the White House Conference on Aging Regional Forum in Phoenix on March 31 and that later this month the new AZ Links website will be launching.

Cathy De Lisa reported that regional listening events for the March 31 White House Conference on Aging Regional Forum are being planned around the state.

Lisa O'Neill reported the Southern Arizona Hoarding Taskforce's Buried in Treasures informational event had excellent attendance and they have established a 20-week support group.

Adjourn

Committee Chair Lisa O'Neill adjourned the meeting at 11:30 a.m.

Next Meeting

The next meeting of the Aging in Community Committee of the Governor's Advisory Council on Aging is scheduled for May 8, 2015; time and location to be determined and announced by public meeting notice posted at the GACA website: www.azgovernor.gov/gaca/. These meetings are open to the public.